

Centre Championships Programme Round 1

	U6	U7	U8	U9	U10	U11	U12
Event 1 8.30am	100m	70m	100m	200m	200m	Discus (Area 2)	High Jump (Blue Mats)
Event 2	Shot Put (Area 3)	Long Jump (Pit 4)	Discus (Area 2)	Long Jump (Pit 2)	Long Jump (Pit 3)	1500m	1500m
Event 3	50m	50m	200m	100m	70m	High Jump (Blue Mats)	Discus (Area 2)
Event 4	Long Jump (Pit 3)	Shot Put (Area 3)	Long Jump (Pit 1)	Shot Put (Area 2)	Discus (Area 2)	200m	200m
Event 5	70m	500m	700m	800m	800m	100m	100m
Event 6							

	U13	U14	U15	U17 - U20	Open-mast
Event 1 9.00am	1500m	1500m	1500m	1500m	1500m
Event 2	Shot Put (Area 1)	High Jump (Blue Mats)	Discus (Area 1)	Shot Put (Area 1)	Long Jump (Pit 1)
Event 3	80mH	80mH /90mH	90mH/100mH	90/100/110H	90/100/110H
Event 4	High Jump (Blue Mats)	Discus (Area 1)	Long Jump (Pit 1)	Long Jump (Pit 2)	Shot Put (Area 1)
Event 5	100m	100m	100m	100m	100m
Event 6					
Event 7					